

April Meeting Speaker Topic: Dress Without Stress



Gem City Chapter

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.



Changing Women's Lives... One Woman at a Time.

For more information about our Chapter, contact the Gem City Chapter at GemCityABWA@gmail.com
Or visit our website at <https://abwagemcity.org/>
And like our page at www.facebook.com/GemCityABWA/

Event cost is free for members and non-members may attend 2 meetings for free. Membership in ABWA is only \$115 per year for National Dues and \$30 for local dues. National Benefit info can be found at www.abwa.org/membership

Upcoming Programs

- June** - Mary Ceccanese-ABWA District 5 VP - The Principles for Mastering a Happy, Healthy Work Life
- July**— Andrea Haschart-How to use Customer Success Stories in a Business to Both Attract and Sell to New Customers.
- August**—Jenny Warner - What I *really* needed to start a business.

May 9, 2023

SPEAKER

Amy Elberfeld

Storyline Collection

Dress Without Stress

For many women getting dressed each day creates decision fatigue, anxiety, and frustration.

A capsule wardrobe can often help solve these problems.

Learn what is capsule wardrobe is, reasons you may want to have one, and the basics to create one.

Amy will put together a travel capsule while teaching us the basics and providing other styling tips and tricks!

Amy brands herself as "The Stressless Stylist" helping women take the stress out of getting dressed and shopping with two clothing lines:

Storyline Collections - great basic building blocks for your wardrobe. Measure & Made - dress pants, jeans, shorts, capris, and more that are available in three different body shapes to best fit your body.

Get ready to style the evening with fun!

Community Spotlight

Each month, the Gem City Chapter spotlights a non-profit in our region and provides the opportunity for them to share how they are making the Miami Valley a better place through their organization. If you know a great non-profit we should feature, please reach out to Karen Charnesky, kmcharnesky@ft.newyorklife.com or Kelly Gray kelly@hotheadburritos.com



NETWORKING: 5:45-6:00 pm

PROGRAM: 6:00 – 7:30 pm

Montgomery County Business Solutions Center

1435 Cincinnati Road #300, Dayton, OH

Newsletter—Our next newsletter will be published in May. Members and Non-Members can advertise for only \$20 for members, \$50 non-members for 4 publications. Ad size is 2 x 3 1/2. Art due 1st of publication month. Contact: Kelly Gray, kelly@hotheadburritos.com